



YEAR A CORPUS CHRIST

Deuteronomy 8:2-3, 14-16

A reading from the book of Deuteronomy

He gave you food which you and your fathers did not know.

Moses said to the people, “Remember all the way which the LORD your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments, or not. And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know; that he might make you know that man does not live by bread alone, but that man lives by everything that proceeds out of the mouth of the LORD. Remember the LORD your God, who brought you out of the land of Egypt, out of the house of bondage, who led you through the great and terrible wilderness, with its fiery serpents and scorpions and thirsty ground where there was no water, who brought you water out of the flinty rock, who fed you in the wilderness with manna which your fathers did not know.”

The Word of the Lord.

1 Corinthians 10:16-17

A reading from the first letter of Paul to the Corinthians

Though we are, many, we form a single body because we share this one bread. The cup of blessing which we bless, is it not a participation in the blood of Christ? The bread which we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.

The Word of the Lord.

John 6:51-58

Alleluia, Alleluia, Alleluia.

I am the living bread from heaven, says the Lord; *
if anyone eats this bread he will live for ever.

Alleluia, Alleluia, Alleluia.

**The ☩ Holy Gospel of Our Lord Jesus Christ
according to John**

For my flesh is food indeed, and my blood is drink indeed.

Jesus said to the crowd, "I am the living bread which came down from heaven; if any one eats of this bread, he will live for ever; and the bread which I shall give for the life of the world is my flesh." The Jews then disputed

among themselves, saying, “How can this man give us his flesh to eat?” So Jesus said to them, “Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; he who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day. For my flesh is food indeed, and my blood is drink indeed. He who eats my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so he who eats me will live because of me. This is the bread which came down from heaven, not such as the fathers ate and died; he who eats this bread will live for ever.”

The gospel of the Lord.